



Tori Adams – Barrister

Called 2016

Summary

Tori was called to the Bar (Inner Temple) in 2016. She has a mixed practice with a primary focus on family law and Chancery and property work.

Prior to beginning her career as a barrister, Tori worked as a paralegal, gaining experience in various practice areas including international commercial litigation involving high value disputes, crime and family. Tori also volunteered as a tribunal representative through IPSEA, supporting and representing parents of children with Special Educational Needs.

Tori has completed the MHLA foundation course and has experience of working with clients who suffer with mental health difficulties. Tori is an Associate member of STEP.

AREAS OF PRACTICE

Family Law

Financial Remedies

Tori regularly acts in all stages of family finance proceedings, including drafting and advising on pre and post nuptial agreements. She has significant experience of dealing with complex issues, including cases involving offshore assets, high net worth clients, businesses, material non-disclosure and disputes as to whether assets are matrimonial. For example, Tori has been involved in cases involving the dissipation of significant business assets in Pakistan, complex issues regarding inheritance and the tracing of trust assets as well as those involving intervenors.

Tori has a particular interest in cases with an international element, including jurisdiction disputes, and cases involving third-party property interests. As a multi-disciplinary practitioner, Tori has gained experience in many of the crossover areas, including trusts and third-party interests, property disputes and company issues arising within family proceedings. Her work includes advisory work, drafting and representation at mediation as well as Court proceedings.

Children Act/Family Law Act Proceedings

Tori accepts Instructions in private children cases and injunction proceedings, including issues which arise in respect of modern families which fall outside the conventional family structures, such as issues involving surrogacy and declarations of parentage.



Her experience includes fact-finding hearings involving vulnerable individuals and serious allegations of domestic abuse, including sexual assault, paedophile rings and honour-based violence. One such example is a case in which allegations were made that a child was at risk of honour-based violence at the hands of the mother and her family. Tori represented the mother against very senior Leading Counsel and obtained findings that the father had deliberately and maliciously made up the allegations in order to obstruct contact.

Tori has developed her interest in international cases, including applications brought under the Hague convention and the inherent jurisdiction, as well as cases involving issues of relocation. In the recent case of *ND v K* [2025] EWHC 1548 (Fam) (20 June 2025), Tori successfully argued that the Court should, exceptionally, exercise its *parens patriae* jurisdiction to secure the return of a British child.

Chancery and Property

Contentious Probate

Tori has a growing practice in 1975 Act, contentious probate and will challenge cases, as well as proprietary estoppel claims. She has successfully acted as sole counsel in 1975 Act trials and made multiple appearances in the High Court, as well as gaining regular and varied experience in the County Court and by way of mediation. In addition, Tori has been led in complex proceedings worth over £10m with multiple potential claims including Proprietary Estoppel, capacity and allegations of undue influence.

Tori has significant experience of drafting pleadings and providing advice and representation in relation to the validity of wills, will trusts, removal of executors and estate mismanagement, including in complex cases such as those involving mutual wills and parties with significant vulnerabilities.

Tori has also acted in committal proceedings, including in the High Court, one such example being the case of *Totton & Anor v Totton* [2022] EWHC 2345 (Ch) in which Tori represented the Claimants.

Property

Tori also has a busy property practice. She regularly provides advice, drafting and representation in claims under TLATA, in which she has a particular interest, and has successfully represented clients in multiple TLATA trials. In addition, Tori often acts on behalf of intervenors in financial remedies proceedings.

Education

Bar Professional Training Course, University of Law
LLB Law, University of Exeter (2.i)

Professional Memberships

Family Law Bar Association
Bar Human Rights Committee
JUSTICE
STEP – Associate Member
Resolution

**Publications**

Tori has had work published in Counsel magazine, New Law Journal and the Family Law Journal. This includes articles relating to recovering fees in 1975 Act Claims (with Chris Bryden), youth courts and youth justice (with Kirsty Day), unlawful detention of immigration detainees (with Killian Moran, solicitor) and a review of remote hearings in a family law context.

Contact details

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